

THINK 3 AT 3 MONTHS

LOOK OUT FOR THE 3 SIGNS AT 3 MONTHS

1 CANNOT RAISE
THEIR HEAD WHEN
ON THEIR TUMMY

2 HAS FLOPPY
ARMS AND LEGS

3 IS NOT REACHING
FOR THINGS

THINK 3 AT 3 MONTHS

If you have any concerns
about your baby's
movements, talk to your
doctor or nurse.

For more information,
please scan this QR code.



References: **1.** NCT. Your baby's development: physical stages. Available at: www.nct.org.uk/baby-toddler/games-and-play/your-babys-development-physical-stages (accessed: January 2023). **2.** Hadders-Algra M. Neurosci Biobehav Rev. 2018; 90: 411-427. **3.** Cambridgeshire Community Services NHS Trust. Child Development milestones. Available at: www.cambscommunityservices.nhs.uk/advice/staying-safe/childhood-development/milestones (accessed: January 2023).

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THINK 3 AT 3 MONTHS

THINK
3
AT 3 MONTHS

CHECK FOR
3
MOVEMENTS

BY
3
MONTHS OF AGE





THINK 3 AT **3 MONTHS**

3 MOVEMENTS TO EXPECT BY 3 MONTHS OF AGE:^{2,3}

**All babies develop
at different rates, so
there may be nothing
to worry about.¹**

However, if you feel
something isn't quite
right with your baby's
movements, it's
important to discuss
any concerns with your
doctor or nurse.



Raising their head when
lying on their tummy



Kicking their legs and waving
their arms when on their back



Reaching for things



If you have any concerns
talk to your doctor or nurse.