

About us.

Here at VMCH, our services are as diverse as the people we support.

Our values underpin the work we do. As a Catholic for-purpose organisation, compassion, respect and inclusion aren't just words to us, they guide us in everything we do.

While we've been around for over a century, we're always moving forward. We stay true to who we are by supporting people and families to live their best lives, providing a place to call home and spaces to learn and grow.

Our professional and compassionate teams are with you on your life journey. We provide a wide range of support from early learning and therapy, specialist education, disability services, affordable homes, residential aged care, retirement living and at-home aged care.

Carer Support.

Care tailored to you

Our respite programs are designed to give carers valuable time out while you are supported in a nurturing and safe environment.

While each respite service (offered in your home or at our aged care residences) offers something a little different, they all focus on you!

We've got group outings, arts and crafts, cultural days, men's sheds, conversation groups and guest speakers. However you like to spend your day, we're here to make it happen!

Are you a carer?

If you care for someone, we're here for you.

We understand every carer's experience is different, so we tailor our support to meet your individual needs. Our reach is far and wide, offering support right across metro Melbourne and regional Victoria (Wellington and East Gippsland excepted).

Along with fun and engaging respite activities for your loved one, our Carer Support program offers you social groups and special events, education and information, wellbeing activities and referrals to long-term support services, so you can recharge and enjoy some time for yourself.

Our dedicated team can help you discover the best option for your care needs.



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VMCH

As a Catholic organisation, VMCH is committed to providing compassionate care in a nurturing environment to all residents and clients. VMCH does not support and will not facilitate Voluntary Assisted Dying.

Disclaimer: The information in this brochure has been prepared by VMCH (Villa Maria Catholic Homes) as a general guide to our services and operations. While every effort has been made to ensure accuracy, VMCH accepts no responsibility for any loss or inconvenience caused by reliance on the information set out in this brochure. Please contact us if you require detailed information about any of our services. September 2022

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Residential
and At-Home
Aged Care

Understanding your aged care options.

Now, there are choices
beyond your expectations.



VMCH

Now that I'm older, I need a little more care.

With so many aged care options, it can sometimes get a little tricky deciding what option is best for you.

Maybe you just need a hand with the shopping or running errands. Or perhaps you require a higher level of care. Either way, we're here to help!

We're a trusted provider of aged care services and are known for our high standards. We know everyone has different care needs and that's why we tailor our services to the individual.

Our services include at-home aged care, residential aged care and lifestyle and respite services.

With more than 7,000 people across Victoria having chosen us, we know a thing or two about giving you the best care possible.



When you need a little extra help at home, try home care.

Sometimes as you get older, you might find you need more support day to day.

We can help you with Home Care Packages, Commonwealth Home Support Programme or privately-funded services. These programs are designed to help you live at home and continue doing the things that make you happy.

What services can I arrange?

We're here to do whatever we can to support your needs including:

- Personal care (showering, dressing, etc.)
- Domestic assistance and household tasks
- Home and garden maintenance
- Healthy eating and meal preparation
- Podiatry, physio, massage and other therapies
- Social activities and transport.

How do I get started?

Our knowledgeable staff will happily walk you through the process, your options, and let you know if you're eligible for government funding.

When you require a higher level of care, it's time for aged care.

If your health has taken a turn or your Home Care Package isn't quite giving you all the support you need, it might be time to consider residential aged care.

We have 12 residences across Victoria, which offer extensive care delivered by experienced, qualified and nurturing professionals.

Our Care Practice

The VMCH Care Practice is designed to support you to live the life you choose. We're all about independence, engagement and collaboration. We tailor our care to the individual, so if you need a more hands-on approach or a higher level of care, we can help.

Our lifestyle programs

We want you to spend your day doing what you love! Join in our fun and stimulating activities, take a moment to reflect during regular Mass services or sit back and relax as you enjoy our regular visiting entertainers

Take a tour of our aged care residences to see their unique and friendly communities first-hand.