## **CAN I BE A COMMUNITY VISITOR?**

### To be a volunteer Community Visitor you must:

- Be at least 18 years old
- Have access to transport
- Be available for one hour each fortnight
- Undergo an application and orientation process, and any required training
- Obtain police checks as directed
- Get a flu vaccination if visiting an aged-care residence





# **SIGN ME UP**

To join the Community Visitors Scheme as a volunteer, or to find out more...



#### Call Sonja on 0419 866 385, email cvs@lutherancare.org.au or visit www.lutherancare.org.au

Barossa

#### Locations

Metro North Adelaide Hills Mallee

Metro East Metro West Southern region Lower North



## **The Community Visitors Scheme**

AN AUSTRALIAN GOVERNMENT INITIATIVE





## WHAT DO I DO WHEN I VISIT?

Once you are matched with an older person to visit once a fortnight, you can spend the time doing something you both enjoy. It may be:



The idea is to provide friendship, and reduce the time the older person spends alone. Each visit will bring new conversation and shared stories.

## WHAT IS IT?

The Community Visitors Scheme (CVS) matches friendly volunteers to older people wanting social connection.

Volunteer visitors bring a friendly and empathetic new face to share conversation, news, and friendship.

Becoming a Community Visitor is a rewarding experience for both the visitor and the person they visit, with many a special friendship kindled through the program.

If you would like to befriend an older person and share a chat for an hour or so each fortnight, consider becoming a CVS volunteer.

## HOW DO I ARRANGE VISITS FOR SOMEONE I KNOW?

To be eligible for visits from a CVS volunteer a person must receive a Home Care Package or be waiting for one, or live in an aged-care residence.

You may self-refer, or be referred to the program by someone who thinks you can benefit from regular visits, such as an aged-care provider, healthcare professional, a neighbour or family member.

**CONNECTING • SHARING • CELEBRATING LIFE**