

Supporting your independence

Support Coordination

Our expert **Support Coordination** team can help you make the most of your NDIS plan. We want to see you achieve your life goals, so we'll connect you to service providers who offer the best options matched to your needs.

If you have additional or complex needs, our **Specialist Support Coordination** team can help you.

Find out more about our services.



1300 698 624
hello@vmch.com.au
vmch.com.au/disability

VMCH

Disclaimer: The information in this brochure has been prepared by VMCH (Villa Maria Catholic Homes) as a general guide to our services and operations. While every effort has been made to ensure accuracy, VMCH accepts no responsibility for any loss or inconvenience caused by reliance on the information set out in this brochure. Please contact us if you require detailed information about any of our services. August 2022.

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Disability
Services

Disability Services. Your way.



My social and work life

Learn new skills, gain confidence, and make friends at our **Community Connections** programs.

Life Skills

Our small group programs for children, teenagers and adults are fun, educational and safe places to help you achieve your goals.

They are run at our centres in Melbourne (Camberwell, Mt Waverley and Wantirna), Ararat and Wangaratta, as well as in the community.

Job Skills

Ready to take your next steps toward paid employment or volunteering? Join our **Job Skills** program which provides real life work experience and training for people to find paid employment in gardening, retail, customer service and hospitality.

My health and wellbeing

Allied Health

We've got a team of health professionals and **Allied Health** assistants who work with you on the supports you need to reach your developmental goals, promote general health and wellbeing, and connect to your family and community. Our therapeutic supports include **Occupational Therapy** and **Behaviour Support** specialists.

Early Learning and Therapy

Our **Early Learning and Therapy** team work in partnership with families and children from birth up to 12 years with disability or developmental delays. Our expert professionals deliver therapies in your home, at preschools, childcare or school, including speech pathology, occupational therapy, physiotherapy and psychology.

My home life

Help at Home

If you need help with your daily activities at home, such as personal care, cleaning and household chores, meal preparation, getting out and about, and overnight support, then our **Help at Home (direct care)** team is here to help with one-to-one, personalised support.

Accommodation

Want to live in a supported share house?

We have fantastic **Specialist Disability Accommodation (SDA)** homes across Melbourne. We match people with similar interests and life goals to create happy households.

We also offer specialist overnight respite for children in our beautiful home in Ivanhoe, Melbourne.

